

# kalmora spa



## Plymouth Spa Menu

Essential Indulgence. Your mind. Your health. Your beauty.

Tel: (01752) 222374

### Consultation

**Pre Treatment Consultation for all new guests** 15 min **FOC**

### Mineral Water Therapy

**Aquasun Therapy** 20 mins **£20.00**  
**Aquasun Therapy (with any Spa Find treatment)** 20 mins **£15.00**  
**Aquasun Therapy and Spa Find Heavenly Hydration** 45 mins **£35.00**

### Mineralizing Facials

**Aquablitz Anti-Ageing Spa Facial** 1½ hours **£55.00**  
**Aquablitz Deep-Cleansing Spa Facial** 1½ hours **£55.00**  
**Spa Find Essential Elements Prescriptive Facial** 1 hour **£40.00**  
**Spa Find Youthful You Anti-Ageing Facial** 1¼ hours **£47.00**  
**Spa Find Radiant Revival Facial** 1¼ hours **£47.00**  
**Spa Find Express Elegance Facial** 30 mins **£30.00**  
**Spa Find Renewed Radiance Hydrating Mud Facial** 1 hour **£40.00**  
**Spa Find Balanced Beauty Deep Cleansing Mud Facial** 1 hour **£40.00**  
**Spa Find Perfect Purity Spot-Zapping Facial** 1 hour **£40.00**  
**Spa Find Natural Nourishment Double Mud Facial** 1¼ hours **£50.00**  
**Spa Find Fingertip Face Lift** 1½ hours **£55.00**  
**Spa Find Lava Shells Therma Facial** 1 hour **£50.00**

### Eye Enhancement

**Eyelash Tint** 30 mins **£11.00**  
**Eyebrow Shape (wax and tweezers)** 15 mins **£9.00**  
**Eyebrow Tint** 15 mins **£11.00**  
**Eyelash and Eyebrow Tint** 30 mins **£17.00**  
**Spa Find Exquisite Eyes Contour Treatment** 30 mins **£30.00**

### Mineralizing Body Treatments

**Aquablitz Cellulite Reduction Programme** 1 hour **£55.00**  
**Spa Find Sculpted Silhouette Inchwrap. Full Body** 2 hour **£66.00**  
**Spa Find Sculpted Silhouette Inchwrap. Part Body** 1½ hours **£45.00**  
**Spa Find Marine Miracle Firming Wrap. (1 area)** 1 hour **£45.00**  
**Spa Find Marine Miracle Firming Wrap. (2 areas)** 1½ hours **£55.00**  
**Spa Find Body Bliss Contour and Relax Treatment** 1½ hours **£65.00**  
**Spa Find Infinite Indulgence Black Mud Body Envelopment** 1¼ hours **£50.00**  
**Spa Find Heavenly Hydration Salt Brushing Treatment** 30 mins **£30.00**

### Massage Journeys

**Spa Find Peace Hot Stones Massage. Full Body** 1½ hours **£57.00**  
**Spa Find Peace Hot Stones Massage. Back** 45 mins **£41.00**  
**Spa Find Heaven Hot Poultice Massage. Full Body** 1½ hours **£62.00**  
**Spa Find Heaven Hot Poultice Massage. Back** 45 mins **£46.00**  
**Spa Find Comfort Deep Tissue Hawaiian Massage. Full Body** 1½ hours **£57.00**  
**Spa Find Comfort Deep Tissue Hawaiian Massage. Back** 45 mins **£41.00**  
**Spa Find Tranquility Deep Shiatsu Tissue Massage. Full Body** 1½ hours **£62.00**  
**Spa Find Tranquility Deep Shiatsu Tissue Massage. Back** 45 mins **£46.00**  
**Spa Find Clarity Indian Head Massage** 45 mins **£35.00**  
**Spa Find Hot! Hot! Hot! Back Ritual** 1 hour **£50.00**  
**Spa Find Beautiful Beginnings** 2 hours **£72.00**  
**Lava Shells Full Body** 1¼ hours **£60.00**  
**Lava Shells Back** 45 mins **£45.00**  
**Full Body Massage** 1 hour **£38.00**  
**Aromatherapy Full Body Massage** 1¼ hours **£45.00**  
**Back and Shoulder Massage** 30 mins **£28.00**

## Men's Spa

Gentlemen First	1½ hours	£60.00
Manicure	45 mins	£22.00
Back Massage	30 mins	£28.00
Full Body Massage	1 hour	£38.00
Eyebrow Grooming	15 mins	£9.00
Chest or Back Wax	30 mins	£25.00

## Spa Find 2-in-1 / Petites

Silky Skin 2-in-1 Exfoliation and Massage	45 mins	£36.00
Complete Calmness 2-in-1 Facial and Massage	45 mins	£36.00
Age Away 2-in-1 Facial and Exfoliation	1 hour	£45.00
Pure Pleasure 2-in-1 Back Cleanse and Massage	45 mins	£36.00
Ache Away Deep Tissue Massage and Skin Nourishment	30 mins	£28.00
Total Toning Firming and Massage	45 mins	£36.00

## Hands and Feet

Spa Find Luxury Fabulous Feet. (Includes Pedicure)	1¼ hours	£38.00
Spa Find Luxury Hydrated Hands. (Includes Manicure)	1 hour	£34.00
Kalmora Pedicure	1 hour	£27.00
Kalmora Manicure	45 mins	£22.00
File and Paint	15 mins	£12.00
French Polish only	15 mins	£5.00
Reflexology	1 hour	£35.00
Luxury Reflexology	1¼ hours	£45.00
Hopi Ear Cleansing Ritual	45 mins	£30.00

## Tanning Treatments

Full Body Polish and Bronze	1 hour	£35.00
Half Body Polish and Bronze	30 mins	£27.00

## Waxing Treatments

Full Leg Wax	45 mins	£24.00
Full Leg and Regular Bikini Wax	45 mins	£28.00
Three Quarter Leg Wax	30 mins	£19.00
Half Leg Wax	30 mins	£15.00
Half Leg and Regular Bikini Wax	45 mins	£21.00

## Waxing Treatments continued

Regular Bikini or Underarm Wax	15 mins	£11.00
Brazilian / Californian Wax	30 mins	£22.00
Hollywood Wax	45 mins	£27.00
Extended Bikini Wax	15 mins	£15.00
Upper Lip or Chin Wax	15 mins	£8.00
Upper Lip and Chin	15 mins	£13.00
Arm Wax	20 mins	£13.00

## Threading

Eyebrows	15 mins	£10.00
Lip and Chin	30 mins	£14.00
Lip or Chin	15 mins	£10.00
Full Face including Brows	45 mins	£26.00

## Spa Find Retreats

Call the spa or visit our website for package details.

Side Orders only £10.00!

Spa Find Exquisite Eyes Treatment with any facial.  
Spa Find Salt Brushing Shower with any body massage treatment.  
Pre Treatment Body Brushing with any body treatment.  
Skin Boost with any body wrap.  
Eyelash Tint test available free of charge with any treatment.

In association with **spa find**

### Discount for Course Bookings:

Buy 5 and get 1 free. Not in conjunction with any other offer. Applies to courses of the same treatment only.

Kalmora Spa at Debenhams, Second Mezzanine Floor, 16-18 Royal Parade, Plymouth, Devon PL1 1SA  
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For what's new, opening times and full treatment details visit:

[www.kalmoraspa.com](http://www.kalmoraspa.com)



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